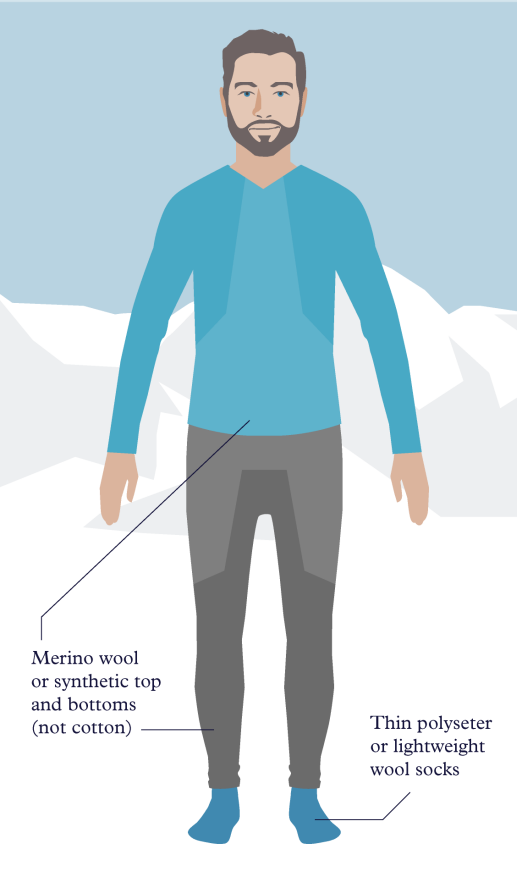


# What should I wear in the Arctic?

## 1. BASE LAYER

A quick-drying, thin layer that sits close to your skin. On cold days you might wear two sets.



## 2. MIDDLE LAYER

An insulating layer that can be removed if you get too warm.



## 3. OUTER LAYER

A windproof top layer that will keep you dry.



## ACCESSORIES

